

PROFESSIONAL COACHING TEAM

IRINA ARANOVSKAYA

irinaprosk8@gmail.com 506-871-5748
Provincial Coach Certified, National Coach in Training
10 Years Coaching Experience
Private, semi-private and small group lessons available
Fee: \$12.00 1/4 hour

JANICE BEER

janicebeer@xplornet.ca 613-968-2852
Provincial Coach Certified, National Coach in Training,
CanPower Coach Certified
38 Years Coaching Experience
Private and semi-private lessons available
Available Tues/Thurs only
Fee: \$14.00 1/4 hour

WANDA COONS

wcoons@cogeco.ca (home) 613-968-3230
(cell) 613-243-7200
Regional Coach Certified, CanPower Coach Certified
40 Years Coaching Experience
Private and semi-private lessons available
Fee: \$9.50 1/4 hour

KIM CROTHERS

kcrothers5@gmail.com 613-968-2007
National Coach Certified, NCCP Level 4 Task 1
CanPower Coach Certified
35 Years Coaching Experience
International Coaching Experience
Private, semi-private and group lessons available
Fee: \$15.00 1/4 hour

ALEX SHAW

alexandriashaw@live.ca 613-848-2803
CanSkate Club Coach, Regional Coach Certified
8 Years Coaching Experience
Private and semi-private lessons available
Fee: \$9.00 1/4 hour

CARNIVAL April 5th, 2020 (Tentative date)

QSC Carnival Many volunteers will be needed in order to present a successful ice show. Without everyone's participation, an ice show will not be possible.

VOLUNTEER COMMITMENT

QFSC is a non-profit organization. It is operated by a volunteer board. Assistance & cooperation from all parents is essential to running the club. You will be asked to help out with activities. If you are interested please contact one of the current board members.

QFSC EXECUTIVE 2019—2020

President – Ann Marie Vaughan
Vice President – Darlene Shaw
Treasurer - Maribeth Foote
Secretary – Amanda Visser
Membership – Christine MacLean
Director (Test Chair) – Wendy Scriver
Director – John Oliver
Director – Lisa Trumpour-Panetta
Coaches Rep – Kim Crothers

QUINTE SKATING CLUB 2019 - 2020

CanSkate

FALL/WINTER SESSION



SKATECANADA
QUINTE SKATING CLUB

Quinte Skating Club
Quinte Sports & Wellness Centre
265 Cannifton Road,
Belleville, ON K8N 4V8
info@quintefsc.com



Visit our website for updates and information!

www.quintefsc.com

PROGRAMS

CanSkate is Canada's only national learn-to-skate program for beginners of any age that teaches fundamental movements and basic skills. Lessons are taught in a group lesson format. The program focuses on fun and participation. Lessons are led by Skate Canada Professional Coaches and assisted by Program Assistants. Skaters progress at their own rate and coaches make session's active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. There are six badges to earn in CanSkate -- Stage 1 through Stage 6.

CanSkate Private Lessons—Private lessons are available. They help skaters develop skills on a one on one basis. The ice fee is \$5 per 15 minutes. Coaching fees are listed on this brochure and paid directly to the coach. Their fee is in addition to the ice fee. Contact a coach of your choice to book an ice time. Skaters must have a coach with them for the full time on the ice.

Dates to Remember

October 14th - No Skating (Thanksgiving)

October 24th - No Skating

October 31st - No Skating (Halloween)

March 12th - No Skating

March 16th & 19th - No Skating (March Break)

March 26th - No Skating

NOTE: All CanSkate participants up to and including Stage 5 MUST wear a CSA approved hockey helmet while on the ice.

2019 - 2020 ICE SCHEDULE

Skating Sessions take place at the Wally Dever Arena.

CanSkate Session 1

September 23rd - December 19th

Monday 12 sessions 4:50 - 5:50pm \$185.00

Thursday 11 sessions 5:50 - 6:50pm \$170.00

CanSkate Session 2

January 6th - April 2nd

Monday 12 sessions 4:50 - 5:50pm \$185.00

Thursday 10 sessions 5:50 - 6:50pm \$160.00

CanSkate Session 1 & 2

September 23rd - April 2nd

Monday 24 sessions 4:50 - 5:50pm \$330.00

Thursday 21 sessions 5:50 - 6:50pm \$290.00

**The first 10 minutes of each session is an off-ice warm-up.

FAMILY DISCOUNT If you have more than one child registered in the CanSkate, Competitive or STARSkate Programs, you will be entitled to a discount of \$10.00 for each skater.

Quinte Figure Skating Club is sanctioned by Skate Canada



GENERAL INFORMATION

Skate Membership Fee: To participate in the Skate Canada programs, all skaters must be a member of Skate Canada. The Skate Canada membership fee is included in your registration and remitted by the club to Skate Canada.

Fundraising Throughout the year different fundraising initiatives may take place and we would kindly request your participation. Bingo is a major fundraiser. The bingo schedule will be posted on our website. Please contact us if you are available to work any bingo. Please inquire for fundraising incentives.

No refunds will be granted after the second week of classes. Credit notes may be issued for withdrawal from a program due to medical reasons accompanied by a Doctor's Certificate. A 10% administration fee and any registration fees paid by QSC on the skater's behalf will be deducted.

A CHARGE OF \$30.00 WILL BE CHARGED ON ALL NSF OR RETURNED CHEQUES.

QSC reserves the right to move skaters from one session to another depending on registration and the skater's abilities.

The QFSC Board reserves the right to change or alter session format pending registration. Low session numbers may warrant cancellation of that session by the Board.