



**Quinte Figure Skating Club**  
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[www.quintefsc.com](http://www.quintefsc.com)

## Ice Etiquette for STARSkaters (including Guests) and Coaches

**SKATERS, PARENTS AND COACHES PLEASE READ THIS INFORMATION CAREFULLY.**

### Right of Way on the Ice:

- Skaters in a lesson and having music played have priority.
- Coaches should coach from the boards unless they are skating. (Please ensure any discussions are done at boardside)
  - In case of working on choreography, demonstrating dance or skills, coaches may use full ice but must follow the ice etiquette rules.
- Cross-discipline coaching is permitted as all sessions are open. (unless grouped structured sessions).
- Courtesy and good sportsmanship to coaches and fellow skaters are expected at all times. If you get in another skaters way please be polite and apologize.
- If a coach has concerns with the conduct of another coach's skater, the concern should be discussed between the two coaches, unless deemed an immediate safety issue.
- If you fall, get up immediately.
- Skaters and coaches must watch out for those using the harness.

### Harness Use: (If session is on the Wally Dever)

- Only coaches that have been trained to use the harness may have access.

### Free Skate:

- Skaters are invited to bring their solo music with them to the ice surface
- Skaters must watch for skaters in a lesson or skating their solo music.
- Spins are to be practiced in the centre of the rink.
- Jumps are to be practiced in the corners and length of the rink.

### Music Request:

- Each coach is entitled to one request per lesson. If there are no other requests (from skaters or coaches) additional requests are permitted.
- Skaters will have their music played in order of request. A list of skaters will be available at rink side to indicate the order of music being played. Only coach or skater playing their music may remove it from the request list.
- If time permits skaters may have their music more than once. Skaters must be respectful of other skaters wanting to have music played. **If a skater has had their music played more than once, then a skater without a previous request must receive priority.**
- Skaters and Coaches - please be courteous and start the next solo when your solo has finished.

### Other General Issues:

- No food, gum chewing or drinks are allowed on the ice. Water is allowed. Coaches may have warm drinks at ice level as long as they are consumed on or inside the boards.
- Put garbage (including Kleenex) in the containers provided.
- If socializing is disruptive to the session, you may be asked to leave the ice.
- Skaters are NOT permitted to use personal electronic devices (cell phones, iPods & MP3 players) while skating on Quinte ice. Coaches can use these devices for teaching purposes only. This may only be accessed at the side of the boards.

PROBLEMS OR CONCERNS ON THE STARSKATE ICE SHOULD BE DISCUSSED WITH A QUINTE SKATING CLUB BOARD DIRECTOR  
**PLEASE SUBMIT THIS SIGNED FORM BY SEPTEMBER 27, 2019**

SKATER/COACH Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

PARENT/GUARDIAN \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

*\*For skater under 18 years*

*\*\*Adapted from Skate Kingston*